



# VETERANS OF FOREIGN WARS MASON DIXON POST 7234

## DECEMBER 2023

### COMMANDER'S CORNER

Hello Comrades, Auxiliary, Post Members,

2023 is quickly coming to an end. A few more dates



to fill will complete this year. The Post Christmas party for its members is being brought back after a couple of years being shelved because of covid. The staff yearly Christmas party, in which the post officers show their appreciation for the hard work performed by the bar, kitchen, cleaning crew and

also including the Riley boys (John and Marty) will be held in December. The Auxiliary's Breakfast with Santa for the children is Sunday December 17. Plans are being made for our New Years Eve party. And let's not forget our first of hopefully many more to come Army/ Navy game tailgate party on the 19th. So, there you have the remaining events for the year. Now, let's talk what went on in November, one of our busiest months. We started off with nearly 40 members attending our monthly meeting. 6 were first time new members. One was a resurrected member, (to understand the meaning you'll have to ask John Mitchell). We had our Veterans Day celebration along with the presentation of 9 recipients for the Quilts of valor, followed by a luncheon. It was attended by the largest crowd ever for Veterans Day. It was a well orchestrated program that was put together by Fulton Loppatto.

PP and VOD along with teacher of the year post winners were judged. In fact, patriots pen and teacher of the year went on to win the district and will move on to the State finals.

I want to thank the auxiliary for their contribution and particularly the President Dale Weese and Vice President Karen Ware for their participation in the judging.

The post also extends its thanks to Sharon Ruest, Chad Myers, and two who went above and beyond in making the program a success. And of course our fall back on wealth of information officer John Mitchell! Let's not forget the perhaps biggest day at the post - Thanksgiving. Well over 350 meals were served. It's incredible how Mark and the kitchen crew along with the volunteers do such a fantastic achievement. I do know it starts days beforehand. The baking and the carving and such. Thanks to all of you giving people. This was again the largest turnout for Thanksgiving dinner. We have a lot to be thankful for. Remember this holiday is all about giving, and the feeling you receive for helping those less fortunate. Remember that the Toys For Tots box is in the Post. Let's help to end this year in a good way. Pray for peace, health, and Prosperity. And remember our veterans in the far off lands protecting our freedoms.

Happy holidays,

Jim Jensen,  
Commander Post7234



## AUXILIARY PRESIDENT

I hope everyone had a wonderful Thanksgiving. November provided us with a few memorable experiences and events.



On the 9th our VFW Auxiliary National President Carla Martinez visited our Post during her time in Delaware. We hosted an informal meet and greet with light fare and showed off our Post as President Martinez wished to visit the home of the largest Auxiliary in the country. This was an

honorable experience and I would like to thank Auxiliary Officers Karen Ware (Sr. Vice), Theo Loppatto (Jr. Vice), Roberta Walter (Treasurer), Connie Weber (Conductor), Eileen Healy (Chaplain), Ty Magliola (Secretary), Auxiliary Youth Chair Cindy Weese, Post Commander Jim Jensen, and Post Adjutant/District #4 Commander Fulton Loppatto for welcoming President Martinez. President Martinez truly enjoyed her time at our Post and with us as I am told she spoke frequently about it for the rest of her time in Delaware. As President of this Auxiliary it was a special moment and I would like to thank all our officers, members, and Post officers for



On the 11th we all celebrated Veterans Day at the Post. A special program began the day at 11:00 am. Numerous Post members were recipients of Quilts from the Quilts of Valor Foundation. It was great to remember and honor our veterans. The Auxiliary provided Veterans Awareness Ribbon pins to attendees. The blue background represents all the military veterans that served. The red stripe represents the blood that has been shed by the men and women who have defended our great nation. So during this Holiday Season keep those Veterans that are serving in your minds and hearts as you celebrate with your loved ones. They are the ones who are sacrificing celebrating with their loved ones so you can celebrate with yours. The Auxiliary conducted a few other events over the Veterans Day weekend to honor our veterans. A Buddy Poppy drive was conducted and Our Youth and Americanism Chairs Cindy Weese and Susan Clark taught a class on Patriotism, what Veterans Day is, and the meaning of the Poppy to the C.R.A.S.H. Youth Ministry and parents at Mariners Bethel Methodist Church.



During the month of November our Hospital Chair Shirley Stong along with Theo Loppatto, Eileen Healy, Cindy Weese, Linda Mezzadra, and Kathy Impallomeni visited Brandywine, VA Home in Milford, and Atlantic Shores in Millsboro where they chatted with residents, distributed lap blankets, and Thanksgiving cards signed by our members.



### **Thank You Ladies!**

Thanksgiving was again celebrated at the post with dinner prepared by staff and volunteers. It is the extreme generosity and caring of our post and its members that make this so special. We are thankful in our blessings and share this with others. Thanksgiving dinner at the post was well received and attended again this year. Mark, the kitchen crew, and volunteers work tirelessly to ensure that this happens every year, Thank you.

We begin December by recognizing and remembering the bombing of Pearl Harbor on December 7th. This leads to a more celebratory time of the month. The Post will be hosting a tailgate and game event for the Army / Navy game on December 9<sup>th</sup>. Tickets are \$12 A.Y.C.E tailgate starting at 1:00 p.m. with game at 3:00 p.m. Tickets on sale at the bar. GO NAVY! We will be hosting our 3rd annual breakfast with Santa. The event last year was a success and we are looking forward to this year's event being equally successful. Preparations are well under way and going good. A pancake breakfast will be served, Night before Christmas read and Santa and Mrs. Clause will visit children with gifts. Saturday December 16th is National Wreaths Across America Day. This is an event at local veteran cemeteries that honors our veterans to

ensure that every Veteran Hero receives a wreath for the Holiday Season. The ceremony to Remember and Honor will begin at 10:00 am at Delaware Veterans Cemetery in Millsboro. As an Auxiliary we are looking to go as a group to participate. If you wish to participate you can contact me by phone or email listed at the end of this article or by signing up at the monthly meeting on December 4<sup>th</sup>. Come out to this event it is worth your time. And of course the Jolly old man himself comes on the 25th. On this day celebrate with your family and friends and remember those that are no longer with us. I wish everyone a very Merry Christmas and a Happy New Year.

Remember monthly meetings at the Post are the 1st Monday of the month at 7:00 pm.

Wishing everyone a safe and healthy Holiday Season. Merry Christmas & Happy New Year.

Dale Weese, Jr.,  
President Auxiliary 7234  
(443) 324-1244  
[aux7234.de@gmail.com](mailto:aux7234.de@gmail.com)

## **BOARD OF DIRECTORS NOTES**

Comrades, Auxiliary, Post Members;

Members of your Board of Directors were busy in November. We attended or participated in a Memorial Service, the Veterans Day Program at Brandywine Senior Center, the VFW Post 7234 Veterans Day Program and Quilts of Valor Presentation Ceremony, and the Veterans Recognition Program at Lighthouse Christian School.

Each Veterans Day, the Bishop's Landing Community holds a Veterans Recognition Ceremony in their development at the Flagpole. As in past years, donations collected from residents will be presented to our Post. Residents also collect and donate cold weather clothing to Veteran organizations throughout the area. (See photos)

We formed a committee to review and judge three Voice of Democracy (VOD) and five Patriots Pen Essay Contest submissions. We forwarded our first place essays to District level where they competed against other Post's first

place entries. Our Post, along with the Auxiliary, will award prize money and recognize all entrants at our January 2024 General Meeting. The Events Committee continues to pursue entertainment alternatives that will bring in more Members during the off-season months. Preparations continue for the Army vs. Navy Game Tailgate Party on the afternoon of Saturday, December 9 downstairs at the Post. Tickets are \$12 with AYCE burgers, hot dogs, wings, and salad.

Finally, the BOD wishes you and your loved ones a safe and happy Holiday Season, and a healthy and prosperous 2024.



**Chad Myers**  
**Chairman**  
**Board of Directors**

## CHAPLAINS CORNER

Our deepest sympathy goes out to the families who have lost loved ones. Eternal rest grant unto them O' Lord, may the perpetual light shine upon them, and may they rest in peace. Amen.



*Nick Young (PDP Hawaii)*  
*Donato Civitella*

With Honor & Gratitude  
**We Remember**

Please call Phyllis Scully at 30-381-539-9981 for the VFW or Eileen Healy at 302-539-9981 for the Auxiliary, if a member is sick or has passed away.

## SERVICE OFFICER OUTREACH

Served in World War II? New law says you're eligible for health care. November 13, 2023



The Cleland-Dole Act was signed into law Dec. 29, 2022. Section 101 of this law expands eligibility for VA care for Veterans of World War II. If you served during World War II, now is the time to apply for VA health care, even if you applied before

and were not approved due to your income level.

### VA health care benefits

- Medical care rated among the best in the United States
- Immediate benefits of health care coverage
- Exemption from copayments for inpatient and outpatient care
- Enrollment satisfies the Affordable Care Act's requirement to have health care coverage.
- No enrollment fees, monthly premiums, or deductibles
- Low or no out-of-pocket costs
- Eligibility for VA Community Care

- When enrolled in VA health care, you can use your private providers, Medicare, and other health insurance to meet your care needs.

### Apply today

#### [Apply online.](#)

- Call VA's toll-free hotline at 1-800-MyVA411 (800-698-2411).
- Visit your nearest VA medical center or [clinic](#).
- Call 800-MyVA411 (800-698-2411) to speak to a customer service representative, get answers to your questions and start the VA enrollment process. There are many ways to [apply for VA benefits](#), depending on the type of benefit you seek.
- Now is the time to enroll in VA health care benefits, even if you previously applied and were not approved.

### WWII Veterans' new eligibility for VA health care

- If you served in World War II and are not currently enrolled in VA health care, this recent legislation ensures that you are now eligible for VA health care. WWII is defined as the period beginning Dec. 7, 1941, and ending Dec. 31, 1946.
- Apply today, even if you applied before and your application was not approved. Income level and service length do not matter.
- WWII Veterans will be at minimum in [Priority Group 6](#). You could be in a higher priority group if you have other eligibilities. Even if you were deferred before, please consider applying again. Please note, you must [apply for VA health care](#) if you are not currently enrolled. VA cannot automatically enroll you in VA care.

### More details about VA health care:

#### [VA health care benefits](#)

#### [Geriatric and extended care](#)

#### [VA nursing homes and assisted living](#)

#### [Cost of care](#)

#### [Copay rates](#)

This new eligibility is just one part of the Joseph Maxwell Cleland and Robert Joseph Dole

Memorial Veterans Benefits and Health Care Improvement Act of 2022. This law requires VA to expand eligibility, establish pilot programs, ensure the quality of care and access to care, conduct a feasibility analysis for program expansion and other actions.

Apply today and get the VA health care benefits you earned and deserve.

### VEText appointment reminders

We use VEText to send you appointment reminders and other updates about your VA health care. To confirm or cancel, you can reply using the special codes we send you. If you don't reply, we'll keep your appointment scheduled.

### Getting locations in appointment reminders

Basic VEText reminders do not include the location of your appointment. These appointment reminders can be more personal and can include the location of your appointments when you complete a simple one-time request process. If you don't want us to include locations, you don't have to do anything.

- To start receiving locations, reply to any VEText reminder with the 5-digit zip code for your home address. Or you can text your zip code to 53079. When you finish, your future text message reminders will include the location and information for your appointment.
- To stop getting locations, reply BASIC to a VEText reminder, or text BASIC to 53079.

### What type of information will be included in the VEText appointment reminder?

All future text message reminders will have your name, VA medical center/clinic location information, and the date and time of the upcoming appointments. Will the appointment reminder text

message phone number change?  
No! You will still receive appointment reminders from 53079.

**Still have questions?**

Learn more about VEText  
at [www.va.gov/HEALTH/VEText.asp](http://www.va.gov/HEALTH/VEText.asp)

In Comradeship,  
H. Rich Fales, Post Service Officer  
Cell: (301) 325-3813  
Email: Smokey1st@netzero.net



## HONOR GUARD NEWS

The Honor Guard was continually active in November with ceremonies and services. On November 6<sup>th</sup> we participated in the funeral services of Korean Army veteran John McDermott (90) at the Veterans Cemetery with a Volley and Taps.



On November 9<sup>th</sup> with visited military veterans at Brandywine Assisted Living and participated in their recognition ceremony and program for its resident veterans.

Approximately 50 people were in attendance and all veterans received a certificate and special recognition. Post Commander Jim Jensen, Jr, Sr Vice Commander Chad Myers, Jr Vice Commander Mike Tuckman, and BOD member Chuck Guido participated in the program. (See photo).

On November 11<sup>th</sup> the Honor Guard rendered a Volley and Taps as part of the Post Veterans Day Ceremony and Service.

(see photos)

And on November 17<sup>th</sup> the Honor Guard and Post officers and members enjoyed the Veterans Day Program put on by The Lighthouse Christian School honoring veterans. The Honor Guard participated in the program with an explanation of the MIA/POW

Table and played taps in their memory. The school program was outstanding.





If you are interested in becoming a member of the Honor Guard, especially our younger members, please contact me. I plan to conduct an orientation over the summer months.

John F. Gossart, Jr.  
 Captain of the Honor Guard  
 240-304-8183

[Judge800@yahoo.com](mailto:Judge800@yahoo.com)

Or:

Mike Schiffer

Assistant Captain of the Honor Guard

[Rschiffer0@gmail.com](mailto:Rschiffer0@gmail.com)

\*The purpose of the Honor Guard is to provide funeral honors for our fallen comrades and guard national monuments. An Honor Guard may also serve as the 'guardians of the colors' "by displacing and escorting the national flag on ceremonial occasions at official functions."

## CANTEEN CORNER

November showed us what the Post is all about. We started on Veterans Day where 10 of our Veterans received their Quilts of Valor. The biggest crowd we have ever had were in attendance for a wonderful program to honor all our Veterans.

On Thanksgiving we fed between 350-400 people. We were able to do this because of all the Turkeys that were donated. It was nice to see everyone enjoying Thanksgiving without worrying about cooking. I would like to thank a few people who helped make this such a successful day. John Fowler & Mark Hobson carved 35 Turkeys. Pat Maney and Dave Rogerson kept the food flowing from the Kitchen. Linda Maney, John Vitsorek, and Lynn Smith made sure the buffet line was always filled. And finally I would like to thank the Auxiliary for donating the pies, and Peg Atkins for cutting them. Without these

people helping this event could never happen, so Thank You.

December will be a very busy month. On 12/9 we will hold a Army/Navy game party. Tickets are \$12 and will feature a tailgate buffet. Tickets can be bought at the bar. Wear your colors and we will see which team has the most fans.

On December 16<sup>th</sup> we will be hosting the Post Christmas Party. On the Edge will be providing the entertainment, and we will have a \$20 AYCE buffet. This is a member & guest event and memberships will be checked. Also I am asking everyone to wear your best Christmas ugly sweater. Dinner will start at 5pm and the band will begin at 6pm. Seats are limited so arrive early to get a seat.

On Christmas Day the Post will open at 2pm. We are asking for people to bring a covered dish to share at 3pm. Many of our members are alone and this gives them the opportunity to have a Christmas Dinner with friends.

As of this writing we have tickets left for our New Years Eve Party. You may choose from 2 options for the evening. Option 1 is for Hor d' oeuvres only for \$35 and option 2 is for Hor d' oeuvres and dinner for \$45. You may purchase tickets at the bar.

Bonnie and I would like to wish everyone and their families very happy Hoiday.

Please remember those in our community who need our help. Items for the Food Bank can be left in the Lobby anytime the Post is open.

See you at the Post

Mark

## New Years Eve

I know it's seems early to be thinking about New Years Eve, but people are already wanting to buy Tickets. This Night has become very popular and we sell out as soon as tickets go on sale. The system for tickets sales that we used in the past made it very smooth and fair to all. We will use the same system this year, and it is as follows.

Tickets still available

3 pm-5pm VFW, Mason Dixon, and AUX members only( Must show Card )

5 pm-6pm Guests of the Post

Each Person may purchase:

2 Bar seats

1 Bar table

1 Hall or Atrium Table ( 6 or 8 seats)

Tickets Must be paid for at the time of reservation.

We will have 2 options for your dining that evening.  
Option 1: Dinner and Hors D'oeuvres Buffet \$45 per ticket  
Option 2 : Hors D'oeuvres Buffet \$35 per ticket

|                    |                      |
|--------------------|----------------------|
| Hors D'oeuvres     | Dinner               |
| Md. Crab Soup      | Sliced Beef in       |
| Burgundy Gravy     | Chicken Marsala      |
| Cocktail Meatballs | Lobster Tail         |
| Steamed Shrimp     | Red Roasted Potatoes |
| Cheese Tray        | Mixed Vegetables     |
| Vegetable Tray     | Rolls & Butter       |

Come join us on the 27th for our Fried Chicken Dinner and buy your tickets for New Years.

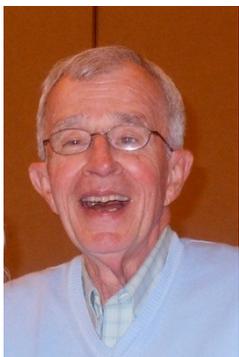
## VFW GOLF ASSOCIATION

The email address for sign-ups should be [vwfgolf7234@gmail.com](mailto:vwfgolf7234@gmail.com) for weekly play. We would also like to mention that 2024 Memberships are now open. The Memberships are open to any VFW or Auxiliary member at a cost of \$6/year. To Join contact Bill Sadtler at 301-461-5769 or email [sadtler@msn.com](mailto:sadtler@msn.com).

Bill Sadtler

## SONGS OF THE SEASON

It's that time of year again. Christmas is coming.



Either the most wonderful time of the year or the most stressful, depending on your attitude, and the music. You can't ignore it. Christmas songs are everywhere now, all the time. We all have our favorites and those cringe-inducing songs that make us run for the exit or reach for the mute button. Some years there are lists of the best and worst songs.

Some make both lists compiled by different critics. Here's a sampling to compare with your lists.

Worst Songs. Bad news first. Are these on your list of songs you can't stand?

- All I Want for Christmas Is You (Mariah Carey). Maybe because it's overplayed.
- The Chipmunk Song (Alvin and group)
- Wonderful Christmas Time (Paul McCartney)
- You're a Mean One, Mr. Grinch (Thurl Ravenscraft)
- Mele Kalikimaka (played anywhere but Hawaii)

Best Songs. Here's one consensus.

- It's the Most Wonderful Time of the Year (Andy Williams)
- What Christmas Means to Me (Stevie Wonder)
- White Christmas (Bing Crosby)
- Jingle Bells

Mixed Reviews. These were on both lists by different critics.

- Baby It's Cold Outside (Dean Martin)
- I Saw Mommy Kissing Santa Claus (Jackson 5)
- Grandmas Got Run Over by a Reindeer (Elmo and Patsy)
- Santa Baby (Eartha Kitt)
- Twelve Days of Christmas
- Run, Run Rudolph

Reason for the Season. And then there are the beautiful carols and hymns that focus our minds on the meaning of Christmas, including:

- O Holy Night (Leontyne Price or Josh Groban)
- Do You Hear What I Hear?
- Hark the Herald Angels Sing
- Little Drummer Boy (Bob Segar)
- O Come All Ye Faithful
- The First Noel

Silent Night. Standing alone as the most widely known and performed Christmas song in the world is Silent Night. The words were written in 1816 by a 24-year-old priest, Joseph Mohr, in a time of post-war hardship in Salzburg, Austria. He later asked a friend and church organist, Franz Gruber, to set the poem to music. The hymn they created was first performed in Rev. Mohr's little church on Christmas Eve in 1818.

Amazingly, since that early modest beginning, Silent Night has been translated into about 300 languages and dialects, performed by hundreds, maybe thousands of musical artists and sung by billions of people around the world. The creative work of Rev. Mohr and Franz Gruber now seems truly inspired. The simple lyrics and music convey a message of beauty, joy and devotion. Somehow it brings people together with a sense of wonder and hope, whatever their differences and circumstances.

So this year, as in years past, we will be grateful to live in the United States, where you can choose the music you want to listen to, and for all those who serve and protect us to make that possible.

Looking forward to December, here are some other dates to keep in mind, in addition to all the dates on the Post calendar.

- Dec. 7. Pearl Harbor Remembrance Day; and Hanukkah begins at sundown.
- Dec. 13. Anniversary of the National Guard, based on the organization of the first militia regiments in America in Massachusetts in 1636.
- Dec. 20. Happy Birthday to the U.S. Space Force (established in 2019).
- Dec. 21. Winter begins.
- Dec. 25. Merry Christmas and in the words of Tiny Tim (credit to Charles Dickens): "God bless us, everyone."

Hope you enjoy every day in December.  
Jerry Hardiman

## HELP A VET PROGRAM

Volunteers needed to help with this special program. We are reaching out to all of our VFW Post 1200 members to say hello, see how they are, and see if there is anything we can do for them. ALL Post members are invited to help. If you are interested in joining us, please contact.

Frank (semperfi-marines@mediacombb.net)

## LITTLE KNOWN FACTS

Christmas wasn't traditionally recognized in the U.S. until [1870](#). It was declared a federal holiday. Boxing day was meant for the servants of the rich to celebrate Christmas the day after with their families, normally after working on Christmas day. They were given the whole day off.

Since it's Christmas and it's more about giving than receiving

I'll give you something

My private, personal phone #

Directly to Santa at the North Pole.

Just in case you forgot something on your list. 1-605-313-4000.

So give a shout to the big guy.

And he accepts the call no charge.

Kids can also give a call.  
Merry Christmas

Jim Jensen  
Commander



## 2023 MASON DIXON MEMBER RENEWALS

It is that time of year when Mason Dixon members whose membership expires on December 31, 2023 will begin the process of renewing their memberships. **Beginning October 16, 2023**, the Post will begin accepting renewal dues for Mason Dixon members whose cards show an expiration date of 12/31/2023. All dues for 2023 expiring Mason Dixon memberships must be received by December 31, 2023. **Please check your card and make payment, if necessary. You will not receive any further notice of your need to renew.**

Please refer to the Post website for the policy changes that were effective January 1, 2023. At that time membership renewals thereafter and new memberships were changed to a two-year period. So, please remit \$150.00 before December 31, 2023 and your new card will expire on December 31, 2025, and new cards will be available some time in late November or early December. Dues payments may be mailed, placed in the box at the membership station, or dropped off at the bar. If you wish to receive your card by mail, you will need to submit a self-addressed stamped envelope with your renewal payment. Otherwise, new cards will be available for pick up at the bar once your payment has been received.

Thank you for being a member of Mason Dixon Post No. 7234 VFW of the U.S., and we especially thank you if you volunteer!

Canteen Board of Directors



## LEADERSHIP TEAM

|                    |                  |
|--------------------|------------------|
| Commander          | James Jensen     |
| Sr. Vice Cmdr      | Chad Myers       |
| Jr. Vice Cmdr      | Mike Tuckman     |
| Quartermaster      | Bill Healy       |
| Adjutant           | Fulton Loppatto  |
| Chaplain           | Phyllis Scully   |
| Judge Advocate     | John Gossart Jr. |
| Surgeon            | Richard Wagner   |
| Officer of the Day | Andy Artemchuk   |
| Guard              | Jeff Ringel      |
| Service Officer    | Rich Fales       |
| Honor Guard Capt   | John Gossart Jr. |
| Trustee            | Danny Steele     |
| Trustee            | Skip Coale       |
| Trustee            | Rob Gill         |

## BOARD OF DIRECTORS

|                |                 |
|----------------|-----------------|
| Chairman       | Chad Myers      |
| President      | James Jensen    |
| Vice President | Chuck Guido     |
| Treasurer      | Bill Healy      |
| Secretary      | Ken Weber       |
| Board Member   | Vacant          |
| Board Member   | Fulton Loppatto |
| Board Member   | Mike Tuckman    |
| Board Member   | John Mitchell   |
| Board Member   | Rick Delaney    |
| Board Member   | John Hickman    |

## AUXILIARY TEAM

|               |                |
|---------------|----------------|
| President     | Dale Weese     |
| Sr Vice Pres  | Karen Ware     |
| Jr Vice Pres  | Theo Loppatto  |
| Secretary     | Ty Magliola    |
| Treasurer     | Roberta Walter |
| Chaplain      | Eileen Healy   |
| Guard         | Shirley Stong  |
| Conductress   | Connie Weber   |
| Patriotic Ins | Peg Atkins     |
| Trustee       | Connie Weber   |
| Trustee       | Carol Weber    |
| Trustee       | Debra Craven   |

### Veteran Claims Assistance

Our state Veterans Service Officer comes to our Post the 2<sup>nd</sup> Thursday of every month at 1:30PM; to make an appointment you can contact him at [david.hilliard@va.gov](mailto:david.hilliard@va.gov) or 302-994-2511 ext 7586

### FOOD BANK

**Please continue to drop off food items at the entry way. We continue to support our local families in need. Thank you for your donations.**

**VFW POST 7234 HONOR GUARD  
TO BECOME A MEMBER, PLEASE  
CONTACT JOHN GOSSART  
240-304-8183**

### HELP A VET PROGRAM

**Veterans - Need help assistance, a friendly call, a visit, etc.  
Contact our Post: 302-539-9981 or  
[Vfwpost7234@gmail.com](mailto:Vfwpost7234@gmail.com)**

### Member Sick or Deceased

**Please call:  
For VFW – Phyllis Scully 302-539-9981  
For Aux – Eileen Healy 302-539-9981**

### Assistance with VA claims or benefits

**Please call:  
Rich Fales (301)325-3813 or email me at  
[Smokey1st@netzero.net](mailto:Smokey1st@netzero.net)**

**For the Latest Updates and News  
Please send your email to  
[vfwpost7234@gmail.com](mailto:vfwpost7234@gmail.com)**